

KNIGHTS OF COLUMBUS COUNCIL 9139  
OCTOBER, 2020



Business Meeting 1st Tuesday of Month  
Planning Meeting Last Tuesday of the Month  
*Ken Smith, Grand Knight*



**KNIGHTS OF COLUMBUS**  
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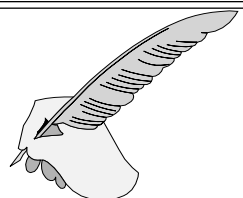
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## From the Chaplain

Fr. Andrew Zipp, Chaplain



Brother Knights,  
**R**ecently I turned on the TV only to be bombarded by political ads and news about the election. I should know that if I turn on the TV right now that this stuff will be on all the time, but after avoiding it for a while it has really hit me just how intense things are. Not only on TV but also on various social media platforms, I am seeing these political battles being waged. The thing is, no matter how hard I try, I always walk away from these things feeling worse. I have my own political beliefs that have been formed by the Catholic faith that I hold so dearly. The thing is, as a Catholic it is very easy to feel torn on how to vote because the candidates all seem to have some good policies that I would like as a Catholic. They also all have bad policies that come into contradiction with my beliefs as a Catholic. So, when I see friends and fellow Catholics struggling with the various

issues and trying to vote to the best of their ability, I can sympathize with them a little bit.

However, I can only sympathize so much and there comes a point when I find the need to share the teachings of the Church. As Catholics, our eyes should always be fixed on God and especially on our ultimate goal which is to spend eternity in the loving gaze of God. Anything that gets in the way of people attaining this ultimate goal is unacceptable. There are all sorts of things that get in the way of us attaining our goal and the primary one is sin. Sin keeps us from our goal, but God, in his great love for us, offers us His mercy and continually removes it from our life from the first time at Baptism and then again, every time we go to confession. When things get in the way of receiving God's loving mercy we need to push back. If there are obstacles that prevent us from going to confession to receive forgiveness of our sins, we need to find ways to remove those obstacles from our lives. When people are not allowed to come into the Church to have their children baptized, we need to push back. And when people are killed without the chance to be baptized or to choose God on their own, we must cry out for them and fight on their behalf. Abortion takes away from a person that chance to know God's love and mercy in a powerful way. I have hope and I firmly believe that God's loving mercy is not limited to the sacraments, but to kill an unborn baby before they

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## District Deputy Report

*Continued from page 1*

a need in a way cash does not. Collecting items from donors and putting them in boxes and bins, always thanking the donors, is a lot of meaningful fun for the guys and ladies doing the work. Giving your Council a chance to do this on behalf of your parish is a gift to them and a gift to the parishioners donating food. It will have an impact and leave them all hungry to do it more often.

Organizing a collection like this is easy and the agencies may even send a truck over so the donations can be loaded right away. Be sure to promote it with your parish! You can wear masks and gloves and be outdoors. Donors stay in their cars. It is a beautiful thing to see. You can even invite men to join us during these events; we must continue to invite men by hosting pandemic adjusted delta drives in every Council.

Register for the special zoom seminar happening on October 15, sponsored by our general agents in Minnesota! Registering for and attending this seminar will help you and help your Council earn the Founder's award this year. Ask Dan Falstad for more information.

This is just one way of getting back into action. We can still do things as Knights. We must not become an organization that writes checks to help people but not a lot else! I am sure there things you are doing or soon will do for the needy. We must not let this pandemic stop us from our calling to serve, to be Knights, living out our Faith through charity together!!

God Bless you and your families, brothers!  
For the greater glory of God,  
Patrick Farrelly, Dist. Deputy 52  
763-218-3816



Membership Meeting,  
1st Tues., 7:00 p.m.  
West Meeting Room

# THE LEAFLET

OSSEO/MAPLE GROVE KNIGHTS OF COLUMBUS  
ST. VINCENT de PAUL PARISH



Vol. 32 No. 4

Osseo/Maple Grove Council 9139

October, 2020

## Grand Knight's Message

Ken Smith, Grand Knight



### Greetings,

**B**reezy Point is a great place to be this time of year. This is a challenging year to recruit for everyone so this may be the year for you to get 3 of your friends or family members to join our council and you'll get your name in the drawing to win a trip to Breezy Point. Your new recruit can either attend a 30-minute online zoom meeting or view the 30 minute presentation on their own and they will be a 3rd degree Knight. We are holding online exemplification meetings 3 times a month. A follow up on my message last month about the 4th degree exemplification in New Ulm on October 30th, 2020. This has been rescheduled and will now be next spring at Chase on the Lake in Walker, MN. Please contact me for information on timing and meeting details.

Did you know this?

Did you know this? The first exemplification of the Fourth Degree was Feb. 22, 1900, in New York City; 1,100 Knights received their 4th degree. The following May, another 750 Knights took the 4th degree in Boston.

Our yearly Coats for Kids campaign is in progress and your generous donation is always welcomed as there are still kids in need of winter coats and snow pants. Keep in mind our car donation program and mention it to your friends and neighbors as a great option to donate a vehicle to the Knights. The 40 Days for Life campaign is in process with the prayer vigil to be held on October 3rd. Please contact me or any of the Knights listed inside this leaflet for more information on any of these events and how you can help out.

A couple of things we are working on. With this year's St. Vincent's Fall Festival in the books we will be meeting with the organizers to review how well the Turkey dinner went. Getting their input on what went well, what can be better, how well it was attended and what took place behind the scenes to make it successful. This will help us plan for an event hosted by the Knights whether it will be one of our breakfasts, bingo or something new. We are also talking with the Outreach team at SVDP on how the Knights can help with and sponsor a food drive for Zanewood elementary.

Attendance at mass is on the rise and it's great to see brother Knights volunteer after mass and help clean and sanitize the church. Want to help out? Check with one of the ushers. Fr. Zehren and Fr. Zipp greatly appreciate our support.

4 Principals - 4 Reasons  
CHARITY, UNITY, FRATERNITY and PATRIOTISM

## Prayer line

If you or a family member or friend is on our prayer line and would like to have the name removed please call 952-905-9946 or email: tom@heltemes.com

## Calendar of Events

Every Sat. at 10 a.m. the rosary is prayed at the  
Robbinsdale Abortion Center,  
3819 West Broadway, Robbinsdale  
Oct. 3, 40 days for life  
Oct. 30, 4th degree exemplification  
Oct. 6, ZOOM Membership meeting  
Oct. 27, ZOOM Planning

## 40 DAYS FOR LIFE CAMPAIGN

The 40 days for life campaign will run from September 23 to November 1 this year. Our council will hold our Prayer Vigil in the lot adjacent to the Robbinsdale Clinic on Saturday October 3.

We will start at 7:30 AM and hold three 2-hour prayer sessions.

If you are interested in attending one of the 2-hour prayer sessions please let me know.

Also, looking for group leaders, I will lead one of the groups.

Steve Mountin, 612-791-7872 or my email, smountin@gmail.com.

## District Deputy report



*Greetings from Supreme Knight  
Carl Anderson and State Deputy  
Dave Whatmuff*

Thank you for continuing to meet and finding new ways of collecting food and helping your parishes get through this pandemic! We must resist fear and concentrate on the things we CAN do rather than those we cannot.

If your Council has not collected food and donations for CROSS and CEAP recently, I encourage you to do so in a public way, as a drive up event, collecting donations of food as well as money. Many people have lost and continue to lose their jobs as we struggle to claw our way out of this pandemic. Wear Knights gear and be an example for your parish and our communities! People are desperate to help, to make a difference for others even if they cannot worship together. And collecting food as well as money serves several purposes, regardless of what these non-profits can do with cash. Giving people a chance to donate something tangible, something real, helps them serve

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Brother Knights please pray for the people on our prayer list: Michelle Cameron, (Tom's daughter); Janet Mountin (Steve's mother); Tim Ryan, Mike Marsh (Ruben Pryzbilla's son-in-law) & his brother Virgil, Amber Johnson (daughter-in-law) of Bill Johnson, Mike McGee, Michael Dellapaolera, Jay Frazier, Bruce Guggemos, Carl Keeney, Heather Olson-Tveita (Scott Passmore's daughter), Marie Jochim, Mike Ball, Harry Long, Chuck Lynde, Dorothy Olmstead (Tom's wife); Peter Crego, Evan Steeves, son of Mark Steeves; Bob Fasching & his daughter Arlene Niles; Marty Whatmuff (Dave's wife); Bill Peloquin Sr.; Marlys Wishy (Jim's widow), Austin Loeffler, Joyce Kirscher (Jack's wife), Don Kramer, Toy McGee (Larry's wife), Christine Munoz (Bob Clark's daughter).

Remember family members & friends who are sick or are having surgery, men and women serving in the military and those men studying for the priesthood or deaconate. If you know of any Knight or family member who you would like to be included on our prayer list please call **Dave Wilhelm, 763-425-7754 or Tom Heltemes, 763-425-2314 or e-mail: tom@heltemes.com**

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 If you have a business or would like to advertise in the Leaflet please call  
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 or Russ Funk, 763-420-5527  
 (It would be a good way to support our council)

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**From the Editor:**  
 Deadline for the newsletter is the 15th of each month. If any Brother Knight has any information to be published, please feel free to mail it to me at 9955 Pilgrim Way, Maple Grove or e-mail it to: tom@heltemes.com  
**DIRECTORS** please get me an article before your event & following the event to keep all members informed.  
 --Tom Heltemes, Editor--425-2314



Soon you'll be receiving your 2020 Fraternal Survey. Separate and distinct from the council fraternal survey, this survey is designed to help members update the Supreme Council on their information and circumstances, so that the Supreme Council can - in turn - advise them of the member benefits available to them that they may not be taking advantage of.

And just what are those benefits?

Of course, you, your spouses and your dependent children have the exclusive opportunity to protect your financial future through the Knights of Columbus. The Knights of Columbus can insure your life, protect your family, safeguard your paycheck, help provide for your long-term care, and help you retire happily and comfortably. You know that part well.

But that's not all. The Knights of Columbus also provides a complimentary financial benefits to members, like our accidental death coverage.

One of the benefits of membership that I think is most important and most under-rated is the simple benefit of having a relationship with a brother Knight field agent. Unlike my commercial counterparts, I share a common bond with you. We're brothers! And, as such, my primary focus is not to make a sale or close a deal, it's to help you determine what protection you and your family may need. My job is to help you identify solutions that work best for you, period.

So as a Knight, you can meet with me as often as you'd like. I can use some of our cutting edge software and tools as well as my own experience, to start exploring your financial situation, or your retirement, and present potential solutions for you and your family to consider. I can help you customize a plan for protection that is specific to your circumstances and your budget.

But I can't help you with what I don't know. So as things get somewhat back to normal, and we all start to ramp up again in the fall, I encourage you to keep an eye on your mailbox for the Fraternal Survey, fill it out, let me know what's new, and I'll be in touch to schedule a follow up conversation - virtual or otherwise - so we can talk about potential next steps.

I look forward to connecting soon  
**Vivat Jesus!**

**Dan Falstad,**  
**KofC Field Agent**  
 612)310-5254  
 dan.falstad@kofc.org Alzheimer's

## Rosary

We are praying the rosary every Tuesday evening at 6:30 in the cry room led by Kevin Ahlers. Please join us whenever you can.

# Alzheimers

People live longer today than previous generations. With increased longevity comes the risk of age-related disease specifically Alzheimer's dementia. Almost 6 million Americans have been diagnosed with Alzheimer's disease. If you are over 65 or have a loved one who is, join us for an educational series to help you understand the disease and/or support someone who may be at risk of developing the disease. The classes will be delivered using the Zoom platform. We encourage you to partner with someone to learn about the disease and how to use the technology. Zoom class presentation by Minnesota Alzheimer's association.

Zoom Classes will take place Wednesday nights starting at 7:00pm. Please call 1-800-272-3900 to sign up for all 5 classes, reference Knights of Columbus. They will need your email address to send you how to sign on to the class and handouts for the class.

**UNDERSTANDING ALZHEIMER'S AND DEMENTIA Class Date Oct. 14th**

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.

**10 WARNING SIGNS OF ALZHEIMER'S Class Date Oct 21**

Alzheimer's and other dementia's cause memory, thinking, and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

**EFFECTIVE COMMUNICATION STRATEGIES Class Date Oct 28**

Communication is more than just talking and listening - it's also about sending and receiving messages through attitude, tone of voice, facial expressions and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease. The Effective Communication Strategies program of the Alzheimer's Association was designed to provide practical information and resources to help dementia

caregivers learn to decode verbal and behavioral messages from people with dementia.

**UNDERSTANDING AND RESPONDING TO DEMENTIA-RELATED BEHAVIOR CLASS DATE NOV 4**

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

**HEALTHY LIVING FOR YOUR BRAIN AND BODY: TIPS FROM THE LATEST RESEARCH Class Date Nov 11**

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Classes are one-hour in length, unless otherwise noted.

Co Chairs  
**Kevin Ahlers and Paul Greninger**

## Chaplain's message

*Continued from page 4*

have the chance to be baptized ought to be one of the first things that informs us as Catholics when we vote. There are many other issues that a candidate might have that would be objectionable and we should speak up about those issues as well, but as long as someone is okay with it being legal to kill a person we ought not be surprised by any other form of injustice that is allowed..

**Fraternally yours in Christ**

## Looking for a tax deduction?

• Don't sell your car, DONATE IT!!  
 If you or someone that you know has a car, truck, boat or maybe a motor home that runs, save the hassle of selling it and donate it to a good cause. We even take vehicles with rust, oil leaks and dents no problem. Call Brother Knight Paul Greninger 763-425-7316 for details on how to donate. Thank you for those who have.